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### Medically Necessary Contact Lens Approval Process and Clinical Criteria Disclosure

*The materials provided to you contain the guidelines used by this Plan to authorize, modify, or deny care for persons with similar illnesses or conditions. Specific care and treatment may vary depending on individual need and the benefits covered under your contract.*

Enrollees, their designees, Providers or members of the public may request by phone, fax, email or postage, a copy of the Plan's clinical guidelines and processes for approval or denial of requests for Medically Necessary Contact Lenses (MNCL).

Vision Plan of America (VPA) has established benefits for members that may require Medically Necessary Contact Lenses (MNCL). The member may be entitled to one pair of Contact Lenses, each 24 month period when "Medically Necessary" and required for **very high Ametropia** (near or far sightedness), **Anisometropia** (at least 3 diopters difference in any meridian), **Keratoconus**, or **when visual acuity cannot be corrected to 20/40 or better in the better eye by standard means** (eyeglasses), except through the use of contact lenses. **The contact lenses must be able to correct the vision to at least 20/40 or better in the better eye.**

If the member's vision cannot be corrected to within 20/40 or better in the better eye using spectacle lenses and frames, and medically necessary contact lenses will correct the member's vision to 20/40 or better in the better eye, then the practitioner can conduct a contact lens evaluation along with a trial lens fitting to determine the final contact lens prescription.

Special contact lens examination and corneal topography or trial lenses are typically used to determine if MNCL would be recommended.

Clinical criteria for approval have been developed and will be reviewed annually by the VPA QIC among whom are providers actively engaged in the practice of optometry.<sup>1</sup>

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<sup>1</sup> Rev. 1/17